

Calamintha (Calamint)

Location: Zone 4/5, sun, well-drained soil

Shape: Compact mound

Foliage: Soft green, mint scented

Flowers: Summer to fall

Notes: A bushy, rhizomatous, perennial herb of the mint family that is native to Europe and the Mediterranean region. It typically forms a dense, spreading, foliage mat with upright leafy flowering stems. It has a long bloom time and flowers are attractive to bees.

Montrose White • *Calamintha nepeta* 'Montrose White'

15-20" x 18-30" Full Sun Zone 4

Small, soft green, mint-scented leaves support large terminal spires of white flowers from June through October. Long bloom time and attractive to bees. Cold hardy.

